



All Sport Camp 2017

July 31 – August 4

****IMPORTANT NOTE**** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

CHECK-IN

All participants must check in.

Monday, July 31 9:15 – 10:00 a.m. Indoor Practice Facility (IPF)

- Please arrive early so we can start on time.
- Camp agendas, t-shirts, and water bottles will be given out during check-in
- Late arrivals should go to 307 Student Athlete Building (SAB)
- Please come prepared for workouts
- As a guest of BYU and to help you enjoy your stay, please remember that disability stalls, dean and official stalls, service stalls, red curbs, etc require special permits. Parking in any of these stalls without proper permit will result in a parking citation. Timed stalls are enforced for the time posted. You can park in the lot on the north side of the IPF for check-in on Monday morning.

PICK-UP TIME

All Sport Camp ends at **4:00 p.m.** each day. **Parents:** After the designated pick up time, participants will not be required to have special permission to leave campus. Please make arrangements to immediately pick up your athletes at a specific spot each day. Participants will be at a **different facility every day**, so please take an agenda at registration check-in.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

10:00 a.m.	Morning workouts
Noon	Lunch
1:00 p.m.	Video
2:00 p.m.	Afternoon workouts
4:00 p.m.	Camp ends

You are strongly encouraged to bring your own soccer ball for soccer on Tuesday and a glove for baseball/softball on Thursday. Write your name clearly on all equipment and other items you will be bringing to camp.

STANDARDS

Youth attending All Sport Camp must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make

appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD

All camp participants will be served lunch each day (lunches will be either catered by a BYU Approved food vendor or served in the Cannon Center cafeteria). BYU campus dress standards are strictly enforced in the Cannon Center cafeteria; therefore, please remember to bring sweats to cover workout shorts if they are not knee-length. Flip-flops, slippers, and tank tops are not permitted in the cafeteria.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP



- Clothing for workouts for the different sports and related equipment (e.g., baseball glove for baseball day, soccer ball for soccer day,)
- Clothing for the cafeteria—knee-length shorts, sweats, etc.
- Sunscreen
- Emergency phone numbers
- Information on past injuries for trainers
- Water bottle (optional – one will be provided at check-in)

Items to leave at home include rollerblades, skateboards, water pistols and squirters, water balloons, fireworks, firearms, and knives. These items are inappropriate to bring to camp and will be confiscated upon your arrival. We also discourage you from bringing media devices, expensive items, and excessive cash.

CANCELATIONS AND REFUNDS

Only a participant and his or her parents have the authority to request a refund. A refund (minus \$35 nonrefundable) will be granted for all cancellations requested by 5:00 p.m. ten days before the camp begins. No refunds will be given after July 21, 2017 (ten days before camp begins). If the program is canceled, a full refund will be given. BYU cannot be held responsible for any cancellation or change charges assessed by airlines, travel agencies, or other institutions in the event of program cancellation.

INSURANCE

Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 30, 2017**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

Should you have any questions regarding the information discussed above, please call BYU Sports Camps at 801-422-5724.

The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).