July 24-26

***IMPORTANT NOTICE** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in location and time.

CHECK-IN

All participants must check in

The location for check in as follows:

Monday, July 24th

7:30 a.m. to 8:00 a.m.

Smith Fieldhouse Room 149 (Gymnastics Room)

- All participants enrolled in the camp must check-in. **Orientation begins at 8:00 a.m.** in the Smith Fieldhouse, Room 149; Parents are welcome to attend orientation. Participants should arrive dressed for practice.
- All participants will receive a name tag and camp T-shirt at check-in.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in

Participants will work out from 8:00 a.m. to Noon, Monday- Wednesday in the Smith Field House Gymnastics Room.

Parents: Please pick up your young athletes on time in 149 <u>Smith Fieldhouse</u> at 12:00 p.m. each day. We cannot be responsible for children not picked up later than 15 minutes after each camp session has ended. Please be sure to pick them up on time.

**A portion of the camp is held outside, it is encouraged that campers wear sunscreen

STANDARDS

Youth attending Cubs Cheer Camp must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD

There will be a daily popsicle break, but no meals will be provided. It is recommended that all participants eat before arriving at camp each day. Campers are encouraged to bring a water bottle.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- > Do not leave equipment unattended, except in designated secure locations.
- > Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write you name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING

	Clothing for workouts- modest shorts, t-shirts, sneakers or other comfortable clothing Cap/hat Sunscreen
	Water bottle
*Note: Write your name clearly on all items you bring to camp.	

CANCELLATIONS AND REFUNDS

Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 10 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a Basketball Camp beginning Monday, June 20, refunds will not be given after 5 p.m. Friday, June 10.

The simplest way to cancel a camp registration is to email sportscamps@byu.edu with the participant name and camp ID number (confirmation number). If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2017.**

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines click here.