Don't forget to...

Ask Before You Act!!!

Visit us on the internet at byucougars.com/compliance

Andy Brimhall & Jordan Feinauer

We just wrapped up creating another educational video for Compliance. This video will be shown to all student-athletes at their beginning of the year team meetings. We want to express our appreciation for Andy and Jordan and their hard work in helping us create this video. Andy is a great videographer and we appreciate his time and efforts in the project! Thank you for all you do and for being compliant!! :)

This is JEOPARDY!

***Email or detach this portion and give to Compliance by 5:00 p.m August 31st to be entered in a drawing to win gift cards from the Compliance Office!**

$200	The NCAA has said that fruits, nuts and bagels are permissible to provide to student-athletes at any time. Peanut butter, jelly and this popular bagel aid, are not permissible.	**What is** _____
$400	Foreign tours in conjunction with this holiday are no longer permitted.	**What is** _____
$600	In order to contact a missionary who has been out for longer than 12 months, this type of permission must be granted by the former institution.	**What is** _____
$800	This transfer exception no longer exists. It was formerly included in Bylaw 14.5.5.2.5.	**Who is** _____
$1000	A coach may text a recruit who has not signed an NLI after May 1 of their senior year in high school **ONLY after** this has been received by the institution.	**What is** _____

Brigham Young University

SPECIAL EDITION: NEW LEGISLATION

Cougar Compliance

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Fruits...Nuts...and the NCAA: What do they have in common? We'll let you think about that one.

This edition of the BYU Coaches/Staff Compliance Newsletter is centered around the new legislation that became effective August 1, 2009.

In case you missed the email we sent in July regarding the new "Fruits, Nuts, and Bagels" legislation, here again are some accurate, albeit entertaining, questions and answers from the legislation.

Modified Bylaw:

16.5.2 Permissible. Identified housing and meal benefits incidental to a student's participation in intercollegiate athletics that may be financed by the institution are:

(h) Fruit, nuts and bagels. **An institution may provide fruit, nuts and bagels to a student-athlete at any time.**

Q: Can the institution provide cream cheese, peanut butter and/or jelly with the bagels?

A: Negative. That would-make it a bagel sandwich and not just a bagel. The legislation/amendment does not include cream cheese, peanut butter and/or jelly (but you can put fruit or nuts between your bagel, as those items are permissible.)

Q: Peanut butter has peanuts in it. Shouldn't we be permitted to have a peanut butter bagel?

A: Negative. Peanut butter is not a nut in itself.

Q: Can you please identify the "Nut Family" - What kind of nuts can be provided?

A: Answer: While the NCAA has not specifically identified what is, and is not considered a "nut", We shall default on culinary terms and use; hence, the following shall serve as institutional parameters and the nuts you may provide: almonds, brazil nuts, beech nuts, butternuts, cacao, candle nuts, cashews, chestnuts, coconut, hazelnuts peanuts, pecans, pine

cont. Pg 3 Fruits..

Proposal 2008-65 Foreign Tours

Effective August 1, 2009

Modified Bylaw:

30.7.8 A tour may only be scheduled during the summer-vacation period between the institution's spring and fall terms or during an academic year vacation period (**other than a Labor Day vacation period**) published in the institution's official catalog. All travel to and from the foreign country must take place during such a vacation period. However, if the team crosses the international date line during the tour, the change of date will be disregarded and the equivalent time as measured in the United States will be used to determine the institution's vacation period.

Proposal 2008-16 (Contact with Missionaries)

Effective August 1, 2009

Modified Bylaw:

13.1.1.3.2 – Student-Athlete Withdrawn from Four-Year College. A member institution may contact a student-athlete who has withdrawn officially from a four-year collegiate institution without obtaining permission from the first institution only if at least one academic year has elapsed since the withdrawal.

13.1.1.3.2.1 – An institution shall not contact a student-athlete who has begun service on an official church mission without obtaining permission from the institution from which the student-athlete withdrew prior to beginning his or her mission if the student-athlete signed a National Letter of Intent (NLI) and attended the institution (with which he or she signed the NLI) as a full-time student. If such a student-athlete has completed his or her official church mission and does not enroll full time in a collegiate institution within one calendar year of completion of the mission, an institution may contact the student-athlete without obtaining permission from the first institution. (Adopted: 1/14/09 effective 8/1/09)

IN OTHER WORDS...

It is no longer permissible to contact a missionary (or family/friends) directly or indirectly who signed an NLI **and** was enrolled at another institution prior to their mission. In order to contact these individuals at any point while they are on their mission, or in the year following their mission completion, we need to get "permission to contact" from the school they attended.

Proposal 2008-37 (12 Month Mission Exception)

Effective August 1, 2009

Modified Bylaw:

14.5.5.2 Exceptions for Transfers from Four-Year Colleges. 14.5.5.2.5 Military Service Exception. The student returns from at least 12 months of active service in the armed forces of the United States.

IN OTHER WORDS...

The "mission transfer exception" will no longer exist. This means any student-athlete who attended another university prior to their mission and attempts to transfer to BYU will be required to satisfy a year in residence unless they meet *another* transfer exception.

The two most likely exceptions are the "One-Time Transfer" and the "Two-Year Nonparticipation." The One-Time Transfer (for sports other than Baseball, Basketball and Football) will require the school the individual transfers from to agree to the transfer. The Two-Year Nonparticipation might be available if the student-athlete has not practiced or competed for a period of two years.

August 2009 Recruiting Calendar

Basketball (Men's)
August 1-31 Quiet Period

Basketball (Women's)
August 1-31 Quiet Period

Football
August 1-31 Quiet Period

Baseball/Softball
August 1-31 Contact Period

Track and Field/CC
August 1-8 Quiet Period
August 9-31 Contact Period

Volleyball (Women's)
August 1-31 Contact Period

All Other Sports
August 1-31 Contact Period

Fruits, Nuts, and Bagels Cont from P1

nuts, pistachios, soy nuts, sunflower seeds and walnuts. If the name of the nuts you want to provide isn't on the list- you are well traveled; please let me know what nut you seek, and I will research to ensure that it is edible, attainable and meets nutritional goals.

Q: So if a candy bar has nuts, it would be okay to provide to student-athletes, correct?

A: Negative. Items that contain nut products are not permissible. The nuts may not be provided if they are listed as an "ingredient." Also, please consult our sports medicine staff for perspective on whether or not a candy bar has substantial nutritional value.

Q: Jam and Jelly are made of fruit, can we provide Jelly on the bagels?

A: Negative. Items that contain fruit products are not permissible. The fruits may not be provided if they are listed as an "ingredient."

Q: Can the compliance office define Bagel?

A: This was a tough one. A bagel is a glazed ring-shaped bread roll, with a hole in the middle, with a slightly chewy texture. The New York Times has the best definition I have found so far: "A bagel is a round bread made of simple, elegant ingredients: high-gluten flour, salt, water, yeast and malt. Its dough is boiled, then baked, and the result should be a rich caramel color; it should not be pale and blond. A bagel should weigh four ounces or less and should make a slight cracking sound when you bite into it instead of a whoosh. A bagel should be eaten warm and, ideally, should be no more than four or five hours old when consumed."

Please remember to always work with your sport administrator before providing these yummy treats to your student-athletes. While the NCAA has declared it to be permissible, your sport administrator may have other guidelines that need to be followed.

Proposal 2008-22 Institutional Post Cards

Effective August 1, 2009

Modified Bylaw(s):

13.4.1.1 – Printed Recruiting Materials.

As specified below, an institution may provide the following printed materials to prospective student-athletes, their parents or legal guardians, their coaches or any other individual responsible for teaching or directing an activity in which a prospective student-athlete is involved.

(k) Institutional Postcards. The dimensions of an institutional postcard may not exceed 4 1/4 by 6 inches. In addition, a postcard may contain only the institution's name and logo or an athletics logo on one side when produced and may include only handwritten information, (e.g., words, illustrations) on the opposite side when provided to prospective student-athletes.

Question and Answer...

Q: Is it ever permissible for me to text a recruit who has not signed an NLI?

A: *If* BYU has received a prospective student-athlete's **room or tuition deposit** in response to the institution's offer of admission, it is permissible to text a recruit on or after May 1 of their senior year in high school. There would be no limit on the forms of electronically transmitted correspondence that may be sent.