# 2013 BYU Cougar Collegiate Indoor Invitational

BYU Smith Field House Provo, UT January 10, 2013 - January 12, 2013

Men's Heptathlon 60 Me	eters
------------------------	-------

		IVICII	s mepua	thlon 60 Meters			
Over	all		Year	Team		Time	Point
1	. Michael McPherson		Open	Unattached		6.97	893
2			Fr	Unattached		7.27	789
3	. Joshua Weirich		Jr	BYU		7.41	742
4	. Chase Dalton		Jr	BYU		7.42	739
5			Sr	Utah Valley University		7.43	736
6	*		Jr	BYU		7.47	723
7			Open	Unattached		7.49	716
		Men's	Heptatl	hlon Long Jump			
Overall		Year	Team	mon hong o amp	Metric	English	Point
1.	Michael McPherson	Open	Unattac	hed	7.12	23-04.25	842
2.	Joshua Weirich	Jr	BYU		6.74	22-01.25	753
3.	Chase Dalton	Jr	BYU		6.41	21-00.25	67
4.	Isaac Robison	Jr	BYU		6.25	20-06.00	64
5.	Chandler Rieske	Open	Unattac	hed	6.05	19-10.25	59′
6.	Stephen Wickhamshire	Sr	Utah Va	Utah Valley University		19-04.00	563
7.	Austin Cramer	Fr	Unattac		5.59	18-04.00	500
		Men	's Hepta	thlon Shot Put			
Overall		<b>Men</b> Year	's <b>Hepta</b> Team	thlon Shot Put	Metric	English	Point
		Year	Team	thlon Shot Put			
1.	Chase Dalton	Year	Team BYU	thlon Shot Put	12.34	40-05.75	62
1. 2.	Chase Dalton Joshua Weirich	Year Jr Jr	Team  BYU BYU	thlon Shot Put	12.34 11.51	40-05.75 37-09.25	62° 57°
1. 2. 3.	Chase Dalton Joshua Weirich Isaac Robison	Year Jr Jr Jr	BYU BYU BYU		12.34 11.51 11.17	40-05.75 37-09.25 36-07.75	62° 57° 550
1. 2. 3. 4.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire	Year Jr Jr Jr Sr	BYU BYU BYU Utah Va	ılley University	12.34 11.51 11.17 10.95	40-05.75 37-09.25 36-07.75 35-11.00	62° 57° 550 54°
1. 2. 3.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske	Year  Jr Jr Jr Sr Open	BYU BYU BYU Utah Va	alley University hed	12.34 11.51 11.17 10.95 10.35	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50	62° 57° 556 54° 50°
1. 2. 3. 4. 5.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire	Year Jr Jr Jr Sr	BYU BYU BYU Utah Va	illey University hed hed	12.34 11.51 11.17 10.95	40-05.75 37-09.25 36-07.75 35-11.00	627 577 556 543 507 470
1. 2. 3. 4. 5. 6.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer	Year  Jr Jr Sr Open Fr Open	BYU BYU BYU Utah Va Unattaci Unattaci	ulley University hed hed hed	12.34 11.51 11.17 10.95 10.35 9.74	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50	627 577 556 543 507 470
1. 2. 3. 4. 5. 6.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson	Year  Jr Jr Sr Open Fr Open	BYU BYU BYU Utah Va Unattaci Unattaci	illey University hed hed	12.34 11.51 11.17 10.95 10.35 9.74	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50	Point 627 577 556 543 507 470 466
1. 2. 3. 4. 5. 6. 7.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson	Year  Jr Jr Jr Sr Open Fr Open  Men's	BYU BYU Utah Va Unattaci Unattaci Unattaci	ulley University hed hed hed	12.34 11.51 11.17 10.95 10.35 9.74 9.68	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00	62' 57' 556 54: 50' 470 466
1. 2. 3. 4. 5. 6. 7.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson	Jr Jr Jr Sr Open Fr Open	BYU BYU BYU Utah Va Unattacl Unattacl	alley University hed hed hed hlon High Jump	12.34 11.51 11.17 10.95 10.35 9.74 9.68	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00	62' 57' 556 54: 50' 470 466
1. 2. 3. 4. 5. 6. 7.	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson	Year  Jr Jr Jr Sr Open Fr Open  Men's Year	BYU BYU Utah Va Unattaci Unattaci Unattaci E Heptat	alley University hed hed hed hlon High Jump	12.34 11.51 11.17 10.95 10.35 9.74 9.68	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00 English	622 577 556 543 500 470 466
1. 2. 3. 4. 5. 6. 7. Overall	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson	Year  Jr Jr Jr Sr Open Fr Open  Men's Year  Jr Open	BYU BYU Utah Va Unattaci Unattaci  Heptat Team  BYU Unattaci	alley University hed hed hed hlon High Jump	12.34 11.51 11.17 10.95 10.35 9.74 9.68	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00 English	62' 57' 556 54: 50' 470 466  Point
1. 2. 3. 4. 5. 6. 7. Overall	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson  Joshua Weirich Michael McPherson Chase Dalton	Year  Jr Jr Jr Sr Open Fr Open  Men's Year  Jr Open Jr Jr	BYU BYU Utah Va Unattaci Unattaci  Heptat Team  BYU Unattaci BYU Unattaci	alley University hed hed hed hed hlon High Jump	12.34 11.51 11.17 10.95 10.35 9.74 9.68 Metric	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00 English	622 577 556 543 500 470 466 Point
1. 2. 3. 4. 5. 6. 7. Overall	Chase Dalton Joshua Weirich Isaac Robison Stephen Wickhamshire Chandler Rieske Austin Cramer Michael McPherson  Joshua Weirich Michael McPherson Chase Dalton Isaac Robison	Year  Jr Jr Jr Sr Open Fr Open  Men's Year  Jr Open Jr	BYU BYU Utah Va Unattaci Unattaci  Heptat Team  BYU Unattaci BYU Unattaci	alley University hed hed hed hed hlon High Jump	12.34 11.51 11.17 10.95 10.35 9.74 9.68 Metric	40-05.75 37-09.25 36-07.75 35-11.00 33-11.50 31-11.50 31-09.00 English	622 577 556 543 500 470 466

#### Men's Heptathlon 60 Meter Hurdles

Overall	Year Team		Time	Point
Austin Cramer	Fr Unattached		8.58	841
<ol><li>Michael McPherson</li></ol>	Open Unattached		8.63	829
<ol><li>Chandler Rieske</li></ol>	Open Unattached		8.88	772
4. Chase Dalton	Jr BYU		8.99	748
5. Isaac Robison	$ m Jr \qquad BYU$		9.20	702
DNS Joshua Weirich	$ m Jr \qquad BYU$		DNS	
Overall	Men's Heptathlon Pole Vault Year Team	Metric	English	Point
Overall	real reali	Wietre	Eligiisii	Tomic
1. Chase Dalton	Jr BYU	4.45	14-07.25	746
2. Isaac Robison	Jr BYU	4.35	14-03.25	716
<ol><li>Chandler Rieske</li></ol>	Open Unattached	3.95	12-11.50	603
<ol> <li>Michael McPherson</li> </ol>	Open Unattached	3.85	12-07.50	576
<ol><li>Austin Cramer</li></ol>	Fr Unattached	2.45	8-00.50	231
DNS Stephen Wickhamshire	Sr Utah Valley University	DNS	DNS	
DNS Joshua Weirich	Jr BYU	DNS	DNS	
Dino Joshua Wellieli	J. DIO	DIIO	DIAR	
	Men's Heptathlon 1000 Meters			
Overall	Year Team		Time	Point
1. Isaac Robison	Jr BYU		2:55.17	712
<ol><li>Chandler Rieske</li></ol>	Open Unattached		2:57.46	689
<ol><li>Chase Dalton</li></ol>	Jr BYU		3:11.67	554
4. Austin Cramer	Fr Unattached		3:30.31	398
DNS Michael McPherson	Open Unattached		DNS	
DNS Joshua Weirich	Jr BYU		DNS	
			DNS	
DNS Stephen Wickhamshire	Sr Utah Valley University		DNS	
	Men's Heptathlon Overall			
Overall	Year Team			Point
1. Chase Dalton	$ m Jr \qquad BYU$			4831
<ol><li>Isaac Robison</li></ol>	Jr BYU			4686
<ol><li>Chandler Rieske</li></ol>	Open Unattached			4520
4. Austin Cramer	Fr Unattached			3814
	Women's Pentathlon 60 Motor Hurdles			
Overall	Women's Pentathlon 60 Meter Hurdles Year Team		Time	Point
Overall  1. Jessica Lingwall			Time 9.20	
	Year Team			Point 869 846
Jessica Lingwall     Lexie Esplin	Year Team  Jr Utah Valley University		9.20	869 846
Jessica Lingwall     Lexie Esplin	Year Team  Jr Utah Valley University So Utah Valley University Fr Utah Valley University		9.20 9.31	869 846 802
<ol> <li>Jessica Lingwall</li> <li>Lexie Esplin</li> <li>Mykah Heaton</li> </ol>	Year Team  Jr Utah Valley University So Utah Valley University Fr Utah Valley University		9.20 9.31 9.53	869 846 802 701
<ol> <li>Jessica Lingwall</li> <li>Lexie Esplin</li> <li>Mykah Heaton</li> <li>Ashli Schulz</li> </ol>	Year Team  Jr Utah Valley University So Utah Valley University Fr Utah Valley University Fr Utah Valley University Fr Utah Valley University		9.20 9.31 9.53 10.06	869 846 802 701
<ol> <li>Jessica Lingwall</li> <li>Lexie Esplin</li> <li>Mykah Heaton</li> <li>Ashli Schulz</li> <li>Justine Kueffner</li> </ol>	Jr Utah Valley University So Utah Valley University Fr Utah Valley University Fr Utah Valley University Fr Utah Valley University So Westminster College  Women's Pentathlon High Jump	Matria	9.20 9.31 9.53 10.06 10.09	869 846 802 701 695
<ol> <li>Jessica Lingwall</li> <li>Lexie Esplin</li> <li>Mykah Heaton</li> <li>Ashli Schulz</li> </ol>	Jr Utah Valley University So Utah Valley University Fr Utah Valley University Fr Utah Valley University Fr Utah Valley University So Westminster College	Metric	9.20 9.31 9.53 10.06	869 846 802 701 693
Jessica Lingwall     Lexie Esplin     Mykah Heaton     Ashli Schulz     Justine Kueffner  Overall  1. Jessica Lingwall	Jr Utah Valley University So Utah Valley University Fr Utah Valley University Fr Utah Valley University So Westminster College  Women's Pentathlon High Jump Year Team  Jr Utah Valley University	1.60	9.20 9.31 9.53 10.06 10.09 English	869 846 802 701 695 Point
Jessica Lingwall     Lexie Esplin     Mykah Heaton     Ashli Schulz     Justine Kueffner  Overall	Jr Utah Valley University So Utah Valley University Fr Utah Valley University Fr Utah Valley University So Westminster College  Women's Pentathlon High Jump Year Team		9.20 9.31 9.53 10.06 10.09	869 846 802 701

4. Justine Kueffner	So	Westminster C	ollege	1.48	4-10.25	599
<ol><li>Ashli Schulz</li></ol>	Fr	Utah Valley U	_	1.42	4-08.00	534
		Ž	,			
	v	Vomen's Penta	athlon Shot Put			
Overall	Year	Team		Metric	English	Points
Jessica Lingwall	Jr	Utah Valley Un	iversity	9.61	31-06.25	504
2. Justine Kueffner	So	Westminster Co	-	8.40	27-06.75	425
<ol><li>Mykah Heaton</li></ol>	Fr	Utah Valley Un		8.00	26-03.00	399
4. Lexie Esplin	So	Utah Valley Un	iversity	7.66	25-01.50	377
5. Ashli Schulz	Fr	Utah Valley Un		7.64	25-00.75	376
	<b>VX</b> 7.	on on la Dandad	blen I en e Imm			
Overall	Year	Team	hlon Long Jump	Metric	English	Points
1. Lexie Esplin	So	Utah Valley Un	-	5.14	16-10.25	598
2. Mykah Heaton	Fr	Utah Valley Un		4.88	16-00.25	527
<ol><li>Jessica Lingwall</li></ol>	Jr	Utah Valley Un	-	4.72	15-05.75	485
4. Justine Kueffner	So	Westminster Co	_	4.62	15-02.00	459
5. Ashli Schulz	Fr	Utah Valley Un	iversity	4.46	14-07.50	418
	W	omen's Pentat	thlon 800 Meters			
Overall		Year Team	inion doo weters		Time	Point
1. Lexie Esplin		So Utah Va	alley University		2:29.91	694
<ol><li>Ashli Schulz</li></ol>		Fr Utah Va	alley University		2:30.21	690
<ol><li>Mykah Heaton</li></ol>			alley University		2:34.95	632
4. Justine Kueffner		So Westmi	nster College		2:45.99	506
5. Jessica Lingwall		Jr Utah Va	alley University		2:54.81	415
	•	Noman's Pant	athlon Overall			
Overall	`		Team			Point
Lexie Esplin		So	Utah Valley University			3147
2. Jessica Lingwall		Jr	Utah Valley University			3009
3. Mykah Heaton			Utah Valley University			2992
4. Ashli Schulz			Utah Valley University			2719
5. Justine Kueffner		So	Westminster College			2684
		M!- COM I	Town How III and a			
op 3 Times advance to the Final		Mien's ou Mi	Hurdles Heats			
Overall		Year	Team			Time
1. Cole Eisenhour		Fr	Utah Valley University			8.62 q
2. Hyrum Iverson		So	Unattached			8.63 q
<ol><li>Chandler Rieske</li></ol>		Open	Unattached			8.74 q
4. Bejon Bryant		So	Unattached			8.77
DNS Michael McPherson		Open	Unattached			DNS
DNS Korey Smith		Fr	Unattached			DNS

#### Women's 60 M Hurdles Heats

Top 6 Times advance to the Final

Overall		Year	Team	Time
1.	Krissy Knowles	Sr	Utah Valley University	9.25 q
2.	Gately Garnett	Fr	Utah Valley University	9.74 q
3.	Autumn Robertson	Jr	Utah Valley University	9.88 q
4.	Rilee Archibald	Fr	Utah Valley University	10.08 q
5.	Sally Hansen	Sr	Utah Valley University	10.09 q
6.	Paige Francks	Fr	Utah Valley University	10.83 q
7.	Summer Richards	So	Utah Valley University	10.93
DNS	Riley Roylance	So	Unattached	DNS
DNS	Echo Hansen	Fr	Utah Valley University	DNS

#### Men's 60 M Heats

Top 8 Times advance to the Final					
Overall		Overall Year Team		Time	
1.	Allah Laryea-Akrong	Sr	Utah Valley University	6.82 q	
2.	Nicholas Taylor	So	Utah Valley University	6.95 q	
3.	Fan Fan Charles	Sr	BYU	6.95 q	
4.	Michael McPherson	Open	Unattached	6.99 q	
5.	Mike Fogt	Open	Unattached	7.01 q	
6.	Rhyan Atrice	Sr	BYU	7.08 q	
7.	Dak Kleven	Fr	Unattached	7.14 q	
8.	Ben Meyer	Fr	Unattached	7.18 q	
9.	Jake Arslanian		Unattached	7.20	
10.	Logan Rusch	Fr	Utah Valley University	7.23	
11.	Jordan Peterson	Fr	Utah Valley University	7.25	
12.	John Lamont	So	Unattached	7.26	
13.	Chase Evans		Unattached	7.28	
14.	Mitchell Gillespie	Fr	Unattached	7.29	
14.	Jacob Brydson	Sr	Utah Valley University	7.29	
16.	Rand Hughes	Fr	Utah Valley University	7.34	
17.	Mike Nascimento		Unattached	7.36	
18.	Braden Hitchcock	Fr	Unattached	7.47	
19.	Hyrum Iverson	So	Unattached	7.58	
DNS	Lyndon Herzberg	Open	Unattached	DNS	
DNS	Chad Smith	Open	Unattached	DNS	
DNS	Jason Hinds	Sr	BYU	DNS	

#### Women's 60 M Heats

Jr

Fr

Unattached

Unattached

Overall		Team	Tin
Jen Grossarth		Unattached	7.80 q
<ol><li>Natalie Young-Baker</li></ol>	So	Utah Valley University	8.08 q
<ol><li>Wendy Peterson</li></ol>	So	Utah Valley University	8.17 q
4. Krissy Knowles	Sr	Utah Valley University	8.25 q
5. Aimee Wheeler	Fr	Utah Valley University	8.65 q
<ol><li>Gately Garnett</li></ol>	Fr	Utah Valley University	8.69 q
DNS Latoya Shaw	Sr	Utah Valley University	DNS
DNS Kendra Mitchell	Fr	BYU	DNS

## **Men's 1 Mile Timed Finals**

Overall	Year	Team	Time
Thomas Gruenewald	So	BYU	4:10.90

DNS Bryson Strupp

DNS Wes Swaney III

DNS

DNS

2.	Jason Witt	So	BYU	4:14.52
3.	Jared Rohatinsky	Sr	Unattached	4:15.78
4.	Steve Flint	So	BYU	4:15.99
5.	Cliff Nielson	Jr	Unattached	4:16.15
6.	Harris Erik	Fr	Unattached	4:18.48
7.	Jonathan Nelson	So	Unattached	4:19.34
8.	Trevor Fuhriman		Unattached	4:19.87
9.	Jonathan Brown	Fr	Unattached	4:22.95
10.	Easton Huch	Fr	Unattached	4:23.63
11.	Curtis Carr	Jr	BYU	4:23.85
12.	Hayden Hawks	Fr	Unattached	4:23.93
13.	James Tracy	Jr	BYU	4:25.29
14.	Brad Nye	Fr	Unattached	4:26.04
15.	Stephen Chipman	Fr	Unattached	4:28.91
16.	Chris Brower	So	Unattached	4:32.92
17.	Gary Hatch	So	Unattached	4:33.30
18.	Nathan Fletcher	Fr	Unattached	4:45.61
19.	Joshua Frei	Fr	Unattached	4:56.97
DNF	David Fillmore	So	Unattached	DNF
DNF	Ryan Waite	Sr	BYU	DNF
DNS	Tim Rowberry	Open	Unattached	DNS

# Women's 1 Mile Timed Finals Year Team

Overal		Year	Team	Time
1.	Erika Reddish	Fr	Unattached	5:18.48
DNS	Ashley Gray	So	Unattached	DNS

#### Men's 60 M Hurdles Final

Overal	1	Year	Team	Time
1.	Cole Eisenhour	Fr	Utah Valley University	8.49
2.	Hyrum Iverson	So	Unattached	8.61
DNS	Chandler Rieske	Open	Unattached	DNS

#### Women's 60 M Hurdles Final

		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Overall		Year	Team	Time
1.	Krissy Knowles	Sr	Utah Valley University	9.22
2.	Sally Hansen	Sr	Utah Valley University	9.57
3.	Rilee Archibald	Fr	Utah Valley University	9.57
4.	Autumn Robertson	Jr	Utah Valley University	9.77
5.	Gately Garnett	Fr	Utah Valley University	9.90
DNS	Paige Francks	Fr	Utah Valley University	DNS

#### Men's 60 M Final

Overall	1	Year	Team	Time
1.	Allah Laryea-Akrong	Sr	Utah Valley University	6.69
2.	Fan Fan Charles	Sr	BYU	6.75
3.	Nicholas Taylor	So	Utah Valley University	6.78
4.	Mike Fogt	Open	Unattached	7.06
5.	Michael McPherson	Open	Unattached	7.08
6.	Dak Kleven	Fr	Unattached	7.09
7.	Ben Meyer	Fr	Unattached	7.12
DNS	Rhyan Atrice	Sr	BYU	DNS

#### Women's 60 M Final

	Overall	I	Year	Team	Time
,	1.	Jen Grossarth		Unattached	7.78
	2.	Natalie Young-Baker	So	Utah Valley University	8.00
	3.	Wendy Peterson	So	Utah Valley University	8.20
	4.	Krissy Knowles	Sr	Utah Valley University	8.23
	5.	Aimee Wheeler	Fr	Utah Valley University	8.64

#### Men's 400 M Timed Finals

Overal	1	Year	Team	Time
1.	Korey Smith	Fr	Unattached	49.45
2.	Mario Harper	Jr	Unattached	50.31
3.	Jason Hinds	Sr	BYU	50.52
4.	Dak Kleven	Fr	Unattached	50.63
5.	Mike Keith	So	Unattached	51.31
6.	Braden Hitchcock	Fr	Unattached	51.49
7.	Jake Arslanian		Unattached	51.59
8.	Cole Eisenhour	Fr	Utah Valley University	53.27
DNF	Fan Fan Charles	Sr	BYU	DNF
DNS	Jack Bradford	Fr	Unattached	DNS

#### Women's 400 M Timed Finals

Overall		Year	Team	Time
1.	Courtney Paddock	Fr	Utah Valley University	58.25
2.	Kendra Mitchell	Fr	BYU	1:01.31
3.	Sally Hansen	Sr	Utah Valley University	1:01.77
4.	Rilee Archibald	Fr	Utah Valley University	1:03.34
DQ	Samantha Sweet	Fr	Utah Valley University	DQ
			•	lane violation, break line.

#### Men's 800 meter Timed Finals

		Men s oud mete	r Timeu Finais	
Overall		Year	Team	Time
1.	Miles Batty		Unattached	1:54.10
2.	David Graham	Fr	Unattached	1:54.27
3.	Cade Lindahl	Sr	BYU	1:56.12
4.	Chris Dorton	Jr	Utah Valley University	1:58.06
5.	Blake Adams	Fr	Utah Valley University	1:58.30
6.	Trac Norris	So	Unattached	1:59.53
7.	Michael Andraszczyk		Unattached	1:59.55
8.	Gary Hatch	So	Unattached	2:03.22
9.	Brenden Emery	Fr	Utah Valley University	2:06.20
10.	Cole Odle	Fr	Utah Valley University	2:08.72
11.	Kevin Chamberlain	Fr	Utah Valley University	2:10.01
DNF	Rhyan Atrice	Sr	BYU	DNF
DNF	Jaxon Hansen	Fr	Utah Valley University	DNF
DNS	Korey Smith	Fr	Unattached	DNS
DNS	Hayden Hawks	Fr	Unattached	DNS
DNS	Tim Rowberry	Open	Unattached	DNS
DNS	Tanner Smith	Fr	Utah Valley University	DNS
DNS	Joe Collett	Fr	Unattached	DNS

Women	's	800	meter	Timed	<b>Finals</b>
-------	----	-----	-------	-------	---------------

Overall			Team	Tir
		Year		
1.	Shaelee Sweatfield	Open	Utah Valley University	2:27.01
2.	Darian Sharp	Fr	Utah Valley University	2:28.42
3.	Celeste Gutzman	Fr	Utah Valley University	2:29.03
4.	Taylor Gomez	So	Utah Valley University	2:33.91
DNS	Ashley Gray	So	Unattached	DNS
DNS	Harley Murray	Fr	Utah Valley University	DNS
		Mon's 300 M	1 Timed Finals	
Overall		Yea		Tir
1.	Nicholas Taylor	9	to Utah Valley University	34.91
2.	Jacob Brydson		Sr Utah Valley University	35.51
3.	Jason Hinds		Sr BYU	35.73
4.	Logan Rusch		Fr Utah Valley University	35.94
	=		Fr Unattached	36.43
5. 6.	Ben Meyer Braden Hitchcock		Fr Unattached	36.43
o. 7.	John Lamont		o Unattached	36.73
8.	Chad Smith	Ope		36.88
9.	Jordan Peterson		Fr Utah Valley University	37.22
9. 10.	Rand Hughes		Fr Utah Valley University	37.27
10.	Chase Pendley	Ope		37.43
	Allah Laryea-Akrong	•	Sr Utah Valley University	40.92
12	Alian Laryea-Akrong	3	or oran valley offiversity	40.92
12.		0	II	DMC
12. DNS DNS	Michael McPherson Jason RIchards	Оре	Unattached	DNS DNS
DNS	Michael McPherson Jason RIchards	·	Unattached  M Timed Finals	
DNS DNS	Michael McPherson Jason RIchards	Women's 300	Unattached  M Timed Finals  r Team	DNS
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached	DNS Tir 39.73
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  O Utah Valley University	Tii 39.73 42.86
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  o Utah Valley University o Utah Valley University	Tii 39.73 42.86 44.68
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  o Utah Valley University o Utah Valley University	Tii 39.73 42.86 44.68
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  O Utah Valley University O Utah Valley University Utah Valley University Utah Valley University	DNS Tir 39.73
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  o Utah Valley University o Utah Valley University	Tii 39.73 42.86 44.68
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles	Women's 300 Year	Unattached  M Timed Finals  r Team  Unattached  O Utah Valley University O Utah Valley University Utah Valley University Utah Valley University  M Timed Finals	Tii 39.73 42.86 44.68 45.13
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  Perall  1. Jared Ward	Women's 300 Year	M Timed Finals  Team  Unattached  Utah Valley University Utah Valley University Utah Valley University Timed Finals Year Team	Tir 39.73 42.86 44.68 45.13
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  verall  1. Jared Ward	Women's 300 Year	M Timed Finals  Team  Unattached  Utah Valley University Utah Valley University Utah Valley University Utah Valley University Timed Finals Year Team  Jr BYU	Tir  39.73 42.86 44.68 45.13  Tir  8:22.87 8:23.20
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  Perall  1. Jared Ward 2. Tylor Thatcher	Women's 300 Year	M Timed Finals  r Team  Unattached  Utah Valley University Utah Valley University Utah Valley University Timed Finals Year Team  Jr BYU Jr BYU	Tin  39.73 42.86 44.68 45.13  Tin  8:22.87 8:23.20 8:39.90
DNS DNS Overall	Michael McPherson Jason RIchards  Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  Perall  1. Jared Ward 2. Tylor Thatcher 3. Danny Carney 4. Dylan Shawhan	Women's 300 Year	M Timed Finals  r Team  Unattached  Utah Valley University Utah Valley University Utah Valley University  M Timed Finals Year Team  Jr BYU Jr BYU Fr Unattached	Tin  39.73 42.86 44.68 45.13  Tin  8:22.87 8:23.20 8:39.90 8:41.72
Overall  1. 2. 3. 4.	Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  Perall  1. Jared Ward 2. Tylor Thatcher 3. Danny Carney 4. Dylan Shawhan	Women's 300 Year	M Timed Finals  r Team  Unattached  Utah Valley University Utah Valley University Utah Valley University  M Timed Finals Year Team  Jr BYU Jr BYU Fr Unattached Jr Unattached Jr Unattached	Tin  39.73 42.86 44.68 45.13  Tin  8:22.87 8:23.20 8:39.90 8:41.72 8:59.19
Overall  1. 2. 3. 4.	Jen Grossarth Natalie Young-Baker Wendy Peterson Krissy Knowles  Perall  1. Jared Ward 2. Tylor Thatcher 3. Danny Carney 4. Dylan Shawhan 5. Conner Peloquin	Women's 300 Year  So So So Si Men's 3000 M	M Timed Finals  r Team  Unattached  Utah Valley University Utah Valley University Utah Valley University  M Timed Finals Year Team  Jr BYU Jr BYU Fr Unattached Jr Unattached Jr Unattached Jr BYU	Tii 39.73 42.86 44.68 45.13

# Men's 4 x 1 Lap Relay Timed Finals Year Team

Overall Year Team Time

### Women's 4x400 Timed Finals

Overall	Team	Time

Overall	Men's Long Jump Finals Year Team	Metric	Englis
Overall	rear ream	MENTE	Englis
1. John Glazier	Fr Unattached	7.07	23-02.25
2. Jonathan Ferguson	Unattached	6.84	22-05.25
3. Scott Matheson	Fr Unattached	6.62	21-08.75
4. Bryson Strupp	Jr Unattached	6.41	21-00.25
5. Alex Frandsen	Fr Unattached	5.73	18-09.50
PASS Ty Rosser	So Utah Valley University	PASS	PASS
PASS Michael McPherson	Open Unattached	PASS	PASS
PASS Wes Swaney III	Fr Unattached	PASS	PASS
	Women's Long Jump Finals		
Overall	Year Team	Metric	Englis
Aimee Wheeler	Fr Utah Valley University	4.88	16-00.25
2. Autumn Robertson	Jr Utah Valley University	4.57	15-00.00
DNS Keza King	So BYU	DNS	DNS
Overall	Men's Triple Jump Finals Year Team	Metric	Englis
1. Scott Matheson	Fr Unattached	13.27	43-06.50
<ol><li>Alex Frandsen</li></ol>	Fr Unattached	11.96	39-02.75
DNS Bryson Strupp	Jr Unattached	DNS	DNS
DNS Jason RIchards	Unattached	DNS	DNS
	Women's Triple Jump Finals		
Overall	Year Team	Metric	Englis
FOUL Keza King	So BYU	FOUL	FOUL
	Men's Pole Vault Finals		
Overall	Year Team	Metric	Englis
Brayden Bringhurst	Jr BYU	5.20	17-00.75
2. Jameson Shirley	Unattached	4.90	16-01.00
3. Matthew Hazelgren	Fr Unattached	4.60	15-01.00
4. Michael Ashton	Jr Utah Valley University	4.60	15-01.00
5. Riley ONeal	Fr Utah Valley University	4.45	14-07.25
6. Marcus Pratt	So Utah Valley University	4.45	14-07.25
7. Coulter Neves	Unattached	4.45	14-07.25
7. Matt Williams	Open Unattached	4.45	14-07.25
NH Kyle Brown	So Unattached	NH	NH
NH Tyler Brown DNS Bobby Kittell	Sr Unattached Jr Unattached	NH DNS	NH DNS

	Women's Pole Vault Finals		
Overall	Year Team	Metric	Englis
Joni Warnick	Fr Utah Valley University	2.90	9-06.25
2. Lindsey Bryant	So Utah Valley University	2.45	8-00.50
NH Amy Moffat	Sr BYU	NH	NH
DNS Gately Garnett	Fr Utah Valley University	DNS	DNS
·	, ,		
	Men's High Jump Finals		
Overall	Year Team	Metric	Englis
1. Dakota John	Jr BYU	2.10	6-10.75
<ol><li>Sam Rockwood</li></ol>	Fr BYU	2.05	6-08.75
<ol><li>Russell Nielson</li></ol>	So BYU	2.00	6-06.75
NH Ty Rosser	So Utah Valley University	NH	NH
DNS Michael McPherson	Open Unattached	DNS	DNS
DNS Wes Swaney III	Fr Unattached	DNS	DNS
	Women's High Jump Finals		
Overall	Year Team	Metric	Englis
DNS Autumn Robertson	Jr Utah Valley University	DNS	DNS
	Men's Shot Put Finals		
Overall	Year Team	Metric	Englis
1 V' Cl.'.	A	10.67	(4.06.50
1. Kim Christensen	Open Unattached	19.67	64-06.50
<ol> <li>Leif Arrhenius</li> <li>Nik Arrhenius</li> </ol>	Open Unattached Coach Unattached	19.21 18.92	63-00.25
		15.82	62-01
4. Dennis Christensen	Fr Unattached		51-10.75
5. Jacob Foutz	Fr Unattached	14.95	49-00.50
6. Craig Merkley	Unattached	13.68	44-10.50
7. Jeff Stewart	Open Unattached	12.72	41-08.75
DNS Daniel Stahl	Open Unattached	DNS	DNS
DNS Colby Barber	Unattached	DNS	DNS
DNS Jason RIchards	Unattached	DNS	DNS
DNS Winston Wilkinson DNS Lincoln Kartchner	Jr Unattached Fr Unattached	DNS DNS	DNS DNS
DINS Lincoln Kartenner	Fr Unattached	DINS	DNS
	Women's Shot Put Finals		
Overall	Year Team	Metric	Englis
Nikkie Rudder	Jr Unattached	14.58	47-10.00
2. Candus Ford	Sr Utah	14.13	46-04.25
	Jr Utah	14.10	46-03.00
<ol><li>Destanae Howerton-Davis</li></ol>	C II. 1 X/ 11 II	13.91	45-07.75
<ol> <li>Destanae Howerton-Davis</li> <li>Maryn Pincock</li> </ol>	Sr Utah Valley University		40 04 50
	Sr Utah Valley University Sr Utah	12.84	42-01.50
4. Maryn Pincock	•	12.84 12.42	42-01.50 40-09.00
<ol> <li>Maryn Pincock</li> <li>Alanna Nulph</li> </ol>	Sr Utah		
<ol> <li>Maryn Pincock</li> <li>Alanna Nulph</li> <li>Brianna French</li> </ol>	Sr Utah So BYU	12.42	40-09.00
<ol> <li>Maryn Pincock</li> <li>Alanna Nulph</li> <li>Brianna French</li> <li>Sosina Salima</li> </ol>	Sr Utah So BYU Fr Utah	12.42 12.28	40-09.00 40-03.50
<ol> <li>Maryn Pincock</li> <li>Alanna Nulph</li> <li>Brianna French</li> <li>Sosina Salima</li> <li>Sharrisa Thayer</li> </ol>	Sr Utah So BYU Fr Utah Sr BYU	12.42 12.28 12.25	40-09.00 40-03.50 40-02.25

12.	Aoife Hickey	So	Utah	11.39	37-04.50
13.	Cynthia Sanchez	Sr	Utah	11.38	37-04.00
14.	Meaghan Heffelfinger	Fr	BYU	11.05	36-03.00
15.	Rachel Garrett	Fr	Utah Valley University	10.86	35-07.50
16.	Kayla Goodwin	So	Utah	10.16	33-04.00
17.	Kaitlin Urmston	So	Utah	9.87	32-04.50
18.	Anneli Stahl	Sr	Utah	8.53	27-11.75

# **Men's Weight Throw Finals**

	Overall	Year	Team	Metric	English
,	Jacob Foutz	Fr	Unattached	16.71	54-09.75
	<ol><li>Joseph Stull</li></ol>		Unattached	15.69	51-05.75
	<ol><li>Craig Merkley</li></ol>		Unattached	13.51	44-04.00

# **Women's Weight Throw Finals**

Overall		Year	Team	Metric	English
1.	Anneli Stahl	Sr	Utah	18.44	60-06
2.	Deezbaa Whaley	Sr	Unattached	17.96	58-11
3.	Cynthia Sanchez	Sr	Utah	16.92	55-06.25
4.	Aoife Hickey	So	Utah	16.61	54-06
5.	Nikkie Rudder	Jr	Unattached	15.99	52-05.50
6.	Meaghan Heffelfinger	Fr	BYU	15.43	50-07.50
7.	Destanae Howerton-Davis	Jr	Utah	14.91	48-11.00
8.	Maryn Pincock	Sr	Utah Valley University	14.12	46-04.00
9.	Sosina Salima	Fr	Utah	13.83	45-04.50
10.	Rachel Garrett	Fr	Utah Valley University	12.57	41-03.00
11.	Amanda Pais	Sr	Utah	12.49	40-11.75
12.	Chelsey Stegelmeier	So	Utah Valley University	12.31	40-04.75
13.	McKell Camp-Nielson	Jr	Utah Valley University	11.95	39-02.50
14.	KelliAnne Olsen	So	Utah Valley University	9.64	31-07.50
15.	Stephanie Rimmasch	So	Utah Valley University	9.33	30-07.25
16.	Markale Chadaz	So	Utah Valley University	9.29	30-05.75

#### **Men's Discus Indoor Finals**

Overall		Year	Team	Metric	English	
	1.	Nik Arrhenius	Coach	Unattached	58.82	192-11.75
	2.	Leif Arrhenius	Open	Unattached	58.50	191-11.25
	3.	Daniel Stahl	Open	Unattached	56.86	186-06.50
	4.	Winston Wilkinson	Jr	Unattached	44.80	146-11.75
	5.	Clinton Prestwich		Unattached	42.40	139-01.25

#### **Women's Discus Indoor Finals**

Overall		Year	Team	Metric	English
1.	Maryn Pincock	Sr	Utah Valley University	45.20	148-03.50
2.	Brianna French	So	BYU	44.38	145-07.25
3.	Brittany Critchfield	Jr	Unattached	41.16	135-00.50
4.	Madison Pachner		Unattached	39.50	129-07
5.	Deezbaa Whaley	Sr	Unattached	39.16	128-05.75
6.	Meaghan Heffelfinger	Fr	BYU	38.36	125-10.25
7.	Abigaille Fuller	Jr	Unattached	37.92	124-05
8.	Rachel Garrett	Fr	Utah Valley University	36.86	120-11.25
9.	Ashley Ehardt	Fr	BYU	36.26	118-11.50

10. Chelsey Stegelmeier

So Utah Valley University

33.88

111-01.75