



BYU GYMNASTICS

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2007 Schedule/Results

Date	Opponent	Time/Results
Jan. 5	Cancun Classic	3rd, 194.025
Jan. 12	Texas Woman's	W, 193.325
Jan. 19	at Boise State	W, 192.300
Jan. 22	at Utah State	W, 195.475
Feb. 2	at Utah w/Arkansas, SUU	7 p.m.
Feb. 3	Boise State	12 p.m.
Feb. 10	at Texas Woman's	7 p.m.
Feb. 17	at SE Missouri	1 p.m.
Feb. 26	at SUU	7 p.m.
March 9	Utah State, Oregon State	7 p.m.
March 16	at Denver, California	7 P.M.
March 23	SUU, Arizona	7 p.m.
March 30	Utah	7 p.m.
April 14	NCAA Regionals	TBA
April 26-28	Nationals	TBA

Quick Facts

2006 Dual Meet Mark: 6-9

2006 Regional Finish: 6th

2006 National Finish: 30th

Letterwinners Returning/Lost: 8/4

All-Americans Returning/Lost: 0/0

Conference: N/A

Arena (capacity): Smith Fieldhouse (5,000)
 Marriott Center: (22,700)

Head Coach: Brad Cattermole

Alma Mater: BYU

Record at School (years): 162-139-1 (19)

Including Postseason (years): 216-254-1 (19)

Overall Record (years): same

Assistant Coaches (years): Dawn Cattermole (19)
 Shauna Mertz (14)

Location: Provo, Utah 84602

Enrollment: 33,278 (daytime)

Owned: The Church of Jesus Christ of Latter-day Saints

President: Cecil O. Samuelson

Nickname: Cougars

Colors: Blue, White and Tan

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Big Weekend for No. 22 Cougar Gymnasts Back-to-Back Meets for BYU

PROVO, Utah (Jan. 30, 2007) – The No. 22 BYU gymnastics team will face perhaps its toughest test of the season this weekend when it will have back-to-back meets Friday night and Saturday afternoon. The Cougars will face nationally ranked teams Utah and Arkansas along with perennial-foes Southern Utah and Boise State during the weekend.

Friday night BYU will travel to the Huntsman Center in Salt Lake City for a quadrangular meet with No. 3 Utah, No. 13 Arkansas and Southern Utah. Saturday the Cougars will be back at home for an afternoon matinee with Boise State.

"We are looking at sticking our routines," BYU coach Brad Cattermole said. "We want to hit our routines the best we can. The girls are working very hard and making improvements."

BYU is coming off its best meet of the season in its last meet against Utah State. The Cougars recorded a 195.475, their highest team score since the 2005 NCAA Regionals. Ten gymnasts tied or set career highs against the Aggies. Dayna Smart scored a 39.375 in the all-around, including a 9.900 on beam. Junior Alethea Boon tied career highs on vault at 9.900 and beam with a 9.875. Seniors Kacie Capra-Callens and Lisa Willis also recorded strong outings on bars and beam, respectively.

Perennial national-power and No. 3-ranked Utah will welcome the Cougars in what could be the toughest meet in the nation this weekend with three top-25 teams competing. The Utes are coming off a 195.875 outing at Minnesota and are led by Nicolle Ford, Kristina Baskett, Ashley Postell and Nina Kim. Arkansas scored a 195.575 last week against co-No. 13 LSU and is led by senior Cassie Drew and junior Emily Peacock. The Thunderbirds, meanwhile, recorded a 190.575 in a quad meet hosted by Cal State Fullerton and are led by senior Leah Sakhitab.

BYU will welcome Boise State Saturday for the second of two meets this season between the two teams. The Broncos are coming off a 191.125 outing against Sacramento State in which freshman DeAvera Todd recorded a 9.950 on vault. They are led by Todd and sophomore Taylor Jacob.

"The level of competition this weekend is a bit higher," Cattermole said. "We look forward to competing against strong teams. Good routines against great competition will boost your scores."

Friday's meet is set to begin at 7 p.m. in the Huntsman Center. Saturday's meet with Boise State will begin at 12 p.m. in the Smith Fieldhouse. Admission will be free to the public as part of National Girls and Women in Sports Day. Live Stats for both meets will be available on the BYU women's gymnastics homepage on www.byucougars.com.

2007 BYU Cougars

Name	Ht.	Yr.	Hometown
Kiki Berrett	5-1	Fr.	Draper, Utah
Alethea Boon	5-3	Jr.	Auckland, New Zealand
Kacie Capra-Callens	5-3	Sr.	Kingwood, Texas
Megan Donehue	5-7	Fr.	Bountiful, Utah
Kylee Draper	5-4	Jr.	Payson, Utah
Brittany Fischer	5-3	So.	High Point, N.C.
Kaylee Gallup	5-2	Fr.	Houston, Texas
Danielle Goldman	5-0	Fr.	Montreal, Quebec
Melissa Hough	5-3	Fr.	Edmonton, Alberta
Hayley Jensen	5-0	So.	Colorado Springs, Colo.
Jenna Kerbis	5-0	Fr.	Brandon, Manitoba
Megan Perner	5-7	Fr.	Boise, Idaho
Aimee Walker Pond	5-1	Jr.	Valley Village, Calif.
Melissa Pond	5-5	So.	Provo, Utah
Heidi Poulson	5-4	Fr.	Orem, Utah
McKell Poulson	5-6	Fr.	Payson, Utah
Dayna Smart	5-7	Jr.	Sandy, Utah
Lisa Willis	5-7	Sr.	Albuquerque, N.M.

Brad Cattermole - Head Coach

- 19th Season
- Eight NCAA National Championship Appearances
- 17 NCAA Regionals Appearances
- 17 NCAA All-Americans
- Coached four 10.0 gymnasts
- Ranked nationally in the top 20 nine of the last 15 years
- Assistant Coaches- Dawn Cattermole, Shauna Mertz
Volunteer Assistant- Lena Johnson

Cougar Notes

Rankings

The Cougars are ranked No. 22 nationally in the latest polls released Monday morning. Unlike other sports, gymnastics rankings are based on a team's scores. For further rankings, see the next page.

Season Record

With a third-place finish in Cancun and wins in its last three meets, BYU now has a 4-2 record on the season.

Team Canada in Provo

Danielle Goldman, Melissa Hough and Jenna Kerbis have all represented their native Canada in international meets before coming to BYU. Kerbis is the most recent having helped lead the Canadian National Team to a bronze medal at the 2006 Commonwealth Games in Melbourne, Australia. Goldman competed for Canada at the 2005 Maccabbi Games in Israel finishing third in the all-around and helping team Canada to a Silver Medal. Hough was a member of Canadian National Team as a novice and junior and finished second in the all-around at an international meet in Belgium in 2005.

Trading Uniforms

Redshirt-freshman Megan Perner came to BYU in 2005 on a track and field scholarship. However, her first love in sports as a child was gymnastics. After a series of tryouts and rigorous summer training, she walked on to the team. This season will be the first time in seven years she has competed in gymnastics.

She Can't Hear You

Junior Aimee Walker Pond is blind in her right eye and deaf in both ears. Many of the girls on the team and the coaches know at least some sign language to be able to communicate with her.

Cougars at Utah w/ Arkansas and SUU

BYU will travel to Utah for a four team meet that includes the No. 3 Utes, the No. 14 Razorbacks and the Thunderbirds. It will be the first time the Cougars and Arkansas have squared off in a meet. BYU last beat perennial national-power Utah in 1998 in Provo.

Cougars vs. Broncos

Boise State comes to Provo for the second of two meets between the two teams this season. The Cougars struggled on beam and floor in Boise two weeks ago but still won the meet 192.800-190.575.

Vault

The Cougars have seen some struggles on vault thus far this season, Dayna Smart and Alethea Boon have led the team in every meet this season. Boon posted a team-best 9.900 against Utah State. Five different freshmen have competed on the event to this point.

Bars

BYU's highest score of the season is a 48.775. Senior Kacie Capra-Callens leads the team with a team-best 9.850. Junior Kylee Draper is close behind with a 9.825.

Beam

After its worst showing of the season on the event against Boise State, BYU rebounded with a 49.125 against Utah State. Smart has the highest score of the season at 9.900. She is ranked No. 8 in the nation on the event, while freshman Kaylee Gallup is ranked No. 32.

Floor

The Cougars had falls on floor the first three meets of the season. Smart and Capra-Callens have posted the team's highest marks at 9.850.

All-Around

Smart has competed in the all-around in BYU's last two meets and took first-place honors both times. She recorded a 39.375 against Utah State last time out.

Injury Update

Draper and Sophomore Hayley Jensen are both likely out this week with foot injuries.

Numbers of Note...

- **195.475:** BYU's score in its last meet and highest score of the season.
- **80:** The number of times the Cougars and Utes have faced off over the history of the two programs before Friday.
- **One:** Friday will mark the first time BYU and Arkansas will meet each other in women's gymnastics.
- **2003:** The last time Boise State beat the Cougars in Provo. BYU scored a 195.900 in that meet.

NCAA Rankings

as of Jan. 29, 2007

No.	Team	Score
1.	Florida	196.869
2.	Georgia	196.790
3.	Utah	196.308
4.	Alabama	196.275
5.	Stanford	196.194
6.	Nebraska	195.908
7.	UCLA	195.671
8.	Oklahoma	195.408
9.	Michigan	195.250
10.	Auburn	195.225
11.	Iowa State	195.150
12.	Denver	194.869
13.	Arkansas	194.825
	LSU	194.825
15.	Arizona	194.792
16.	Oregon State	194.600
17.	Arizona State	194.175
18.	Kent State	193.925
19.	Ohio State	193.908
20.	Missouri	193.869
21.	Michigan State	193.833
22.	Brigham Young	193.781
23.	Penn State	193.731
24.	Kentucky	193.717
25.	West Virginia	193.608

Tentative Lineup:

Vault

Jenna Kerbis
Megan Donehue
Danielle Goldman
Brittany Fischer
Alethea Boon
Dayna Smart

Bars

Lisa Willis
McKell Poulson
Melissa Hough
Kacie Capra Callens
Dayna Smart
Aimee Walker Pond

Beam

Kacie Capra Callens
Lisa Willis
Kaylee Gallup
Jenna Kerbis
Alethea Boon
Dayna Smart

Floor

Heidi Poulson
Melissa Hough
Lisa Willis
Alethea Boon
Dayna Smart
Kacie Capra

All-Around

Dayna Smart

Opponent Notes...

Utah:

• The Utes are ranked No. 3 in the latest polls released Monday morning. They are coached by Greg Marsden in his 32nd year and are led by Nicolle Ford, Kristina Baskett, Nina Kim and Ashley Postell.

Arkansas:

• The Razorbacks are ranked No. 13 and are coached by Mark and Rene Cook in their fifth year at the school. They are led by Cassie Drew, Casey Jo Magee and Michelle Stout.

Southern Utah:

• The Thunderbirds are coached by Scott Baumann in his 13th season. They are led by seniors Jess Langley and Leah Sakhitab.

Boise State:

• The Broncos are coached by Yvonne "Sam" Sandmire in her 20th season. They are led by Sophomore Taylor Jacob and freshman DeAvera Todd.

2007 Season Stats

Date	Opponent	Vault	Bars	Beam	Floor	Overall
1/5	Cancun Classic	48.375	48.525	48.975	48.100	194.025
1/12	Texas Woman's	48.225	48.225	48.675	48.200	193.325
1/19	Boise State	48.025	48.625	47.825	47.825	192.300
1/22	Utah State	48.800	48.775	49.125	48.775	195.475
2/2	Utah, Arkansas & SUU					
2/3	Boise State					
2/10	Texas Woman's					
2/17	Southeast Missouri					
2/26	Southern Utah					
3/9	Utah State, Oregon State					
3/16	Denver, California					
3/23	SUU, Arizona					
3/30	Utah					

2007 Individual Season Bests

Gymnast	Vault	Bars	Beam	Floor	All-Around
Kiki Berrett	9.700	--	--	9.700	--
Alethea Boon	9.900	--	9.875	9.775	--
Kacie Capra Callens	--	9.850	9.825	9.850	--
Megan Donehue	9.650	--	--	--	--
Kylee Draper	--	9.825	9.475	9.800	--
Brittany Fischer	9.700	--	--	--	--
Kaylee Gallup	--	--	9.800	--	--
Danielle Goldman	9.525	--	--	8.850	--
Melissa Hough	9.600	9.700	--	--	--
Jenna Kerbis	9.700	--	9.800	--	--
Aimee Walker Pond	--	9.675	--	--	--
Heidi Poulson	--	--	--	9.650	--
McKell Poulson	--	9.775	--	--	--
Dayna Smart	9.850	9.800	9.900	9.850	39.375
Lisa Willis	--	9.725	9.850	9.675	--

Kacie Capra Callens

• Senior has competed on three events this season, posting the team's highest score on bars (9.850) and is tied for the highest score on floor (9.850). Tied for the second-highest bars score in school history.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.675	9.825	9.725	--
TWU	--	9.825	9.750	9.800	--
Boise St.	--	9.825	9.250	9.850	--
Utah St.	--	9.850	9.375	9.825	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.700	9.950	9.900	9.875	39.300

Alethea Boon

• Junior co-captain and Auckland, New Zealand, native has posted the team's highest score on vault (9.900) and second-highest score on beam (9.875).

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.725	--	9.775	8.875	--
TWU	9.700	--	9.725	--	--
Boise St.	9.825	--	7.975	9.550	--
Utah St.	9.900	--	9.875	9.775	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.900	--	9.875	9.850	--

Lisa Willis

• Senior has competed on bars, beam and floor this season. Tied her career-high score on beam at Utah State. Tied for the fifth-highest floor score in school history.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.700	9.775	9.600	--
TWU	--	9.675	9.600	--	--
Boise St.	--	9.725	9.725	9.125	--
Utah St.	--	9.675	9.850	9.675	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	9.850	9.850	9.950	--

Kylee Draper

• Co-captain and former walkon has posted the team's second-highest score on bars (9.825) and set a career high on floor. Posted team's highest bars score last year.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.750	9.225	--	--
TWU	--	9.825	9.475	9.800	--
Boise St.	Injured - did not compete				
Utah St.	Injured - did not compete				
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	9.875	9.775	9.800	--

Aimee Walker Pond

• Deaf in both ears and blind in her right eye. Junior has competed on bars in every meet. Led the team on bars in its first two meets last year before sitting out the last two-thirds of the season to injury.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.675	--	--	--
TWU	--	9.200	--	--	--
Boise St.	--	9.675	--	--	--
Utah St.	--	9.300	--	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.725	9.800	--	--	--

Brittany Fischer

• Sophomore has competed in every meet this season on vault. Competed in nine meets on the event last season.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.700	--	--	--	--
TWU	9.525	--	--	--	--
Boise St.	9.575	--	--	--	--
Utah St.	9.625	--	--	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.750	--	--	--	--

Kiki Berrett

• Freshman has competed in every meet on floor and two meets on vault this season.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	--	--	9.475	--
TWU	--	--	--	9.700	--
Boise St.	9.500	--	--	9.150	--
Utah St.	9.700	--	--	9.675	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.700	--	--	9.700	--

Dayna Smart

• Junior co-captain has competed in all-around twice, taking first-place honors each time. Has posted the team's highest score on vault (9.850) and beam (9.900). Ranked No. 8 nationally on beam.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.725	--	9.850	9.725	--
TWU	9.750	--	9.800	9.850	--
Boise St.	9.725	9.450	9.825	9.800	38.800
Utah St.	9.850	9.800	9.900	9.825	39.375
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.875	9.800	9.950	9.850	39.375

Hayley Jensen

• Sophomore has yet to compete due to a foot injury. Competed in every meet on vault and bars and two meets in the all-around last season.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	Injured - did not compete				
TWU	Injured - did not compete				
Boise St.	Injured - did not compete				
Utah St.	Injured - did not compete				
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.800	9.675	9.625	9.100	37.800

Megan Donehue

• Bountiful, Utah, native has competed on every meet on vault this season.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.525	--	--	--	--
TWU	9.575	--	--	--	--
Boise St.	9.400	--	--	--	--
Utah St.	9.650	--	--	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.650	--	--	--	--

Kaylee Gallup

• Former Level 10 beam champion has competed in BYU's last two meets on beam.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	--	--	--	--
TWU	--	--	--	--	--
Boise St.	--	--	9.775	--	--
Utah St.	--	--	9.800	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	--	9.800	--	--

Melissa Hough

• Freshman from Canada has competed in every meet on bars and exhibitioned on vault and floor.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.600	--	--	--
TWU	--	9.250	--	--	--
Boise St.	--	9.700	--	--	--
Utah St.					
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	9.700	--	--	--

Heidi Poulson

• Before BYU: Freshman has competed in every meet on floor.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	--	--	9.575	--
TWU	--	--	--	9.050	--
Boise St.	--	--	--	9.475	--
Utah St.	--	--	--	9.650	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	--	--	9.650	--

Danielle Goldman

• Montreal, Quebec, native has competed in three meets on vault and one meet on floor.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.000	--	--	--	--
TWU	9.525	--	--	8.850	--
Boise St.	9.400	--	--	--	--
Utah St.	--	--	--	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.525	--	--	8.850	--

Jenna Kerbis

• Canadian National Team member has competed on three meets on vault and every meet on beam.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	9.700	--	9.750	--	--
TWU	9.675	--	9.800	--	--
Boise St.	--	--	9.250	--	--
Utah St.	9.700	--	9.700	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	9.700	--	9.800	--	--

McKell Poulson

• Payson, Utah, native has competed in every meet on bars. Took third on the event at the Cancun Classic.

2007 Season Stats

Meet	Vault	Bars	Beam	Floor	A-A
Cancun	--	9.775	--	--	--
TWU	--	9.650	--	--	--
Boise St.	--	9.700	--	--	--
Utah St.	--	9.775	--	--	--
Utah					
Boise St.					
TWU					
SMSU					
So. Utah					
Ore. St.					
Denver					
SUU/Ariz.					
Utah					
Career High	--	9.775	--	--	--