



BYU WOMEN'S SOCCER

2010 Weekly Release -Game 1

MWC Champions five of past ten years • NCAA Tournament appearances in ten of last 11 years • NCAA Sweet Sixteen in 1998, 2000 and 2003 • NCAA Elite Eight in 2003 • First-ever No. 4 seed in the 2005 NCAA Tournament • Ranked as high as No. 14 in the nation during 2007

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2010 BYU SCHEDULE

all times local to site

AUGUST

12 - Thu.	BLUE/WHITE	
14 - Sat.	Exhibition/Alumni	W, 5-1
20 - Fri.	@ Long Beach State	5 p.m.
23 - Mon.	@ Cal State Fullerton	2 p.m.
27 - Fri.	WEBER STATE	7 p.m.
31 - Tue.	NORTHWESTERN	7 p.m.

SEPTEMBER

3 - Fri.	WASHINGTON STATE	7 p.m.
9 - Thu.	LSU	7 p.m.
11 - Sat.	MARQUETTE	7 p.m.
18 - Sat.	@ Rice	7 p.m.
20 - Mon.	@ Texas	7 p.m.
25 - Sat.	@ Utah State	4 p.m.
29 - Wed.	IDAHO STATE	7 p.m.

OCTOBER

2 - Sat.	@Wyoming*	1 p.m.
9 - Sat.	AIR FORCE*	8 p.m.
14 - Thu.	@ TCU*	7 p.m.
16 - Sat.	@ New Mexico*	5 p.m.
21 - Thu.	UNLV*	7 p.m.
23 - Sat.	SAN DIEGO STATE*	7 p.m.
28 - Thu.	@ Santa Clara	7 p.m.
30 - Sat.	@ Utah*	7 p.m.

NOVEMBER

3-6	MWC Tournament**	TBA
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* Denotes Mountain West Conference Game

** MWC Tournament will be played in Provo

Cougar Soccer Quick Notes:

-BYU last played Long Beach State in 2008 and won 2-1. The Cougars last played Cal State Fullerton in 1999 and won 3-0.

Previous Game Recap:

The No. 22-ranked BYU Cougars took on past Cougars in their Saturday match-up and came away with a 5-1 victory, getting all five goals from different players. After a goal in the first minute by junior midfielder Kassidy Christensen-Shumway set the tone, Anderson found senior forward Alyssa Vander Veur open on the left side of the net where Vander Veur sent a hard shot high and into the net for the second goal.

BYU's first goal came in the 12th minute from sophomore Jessica Ringwood with its second goal coming just three minutes later from junior Lauren Anderson. The Cougars played a competitive offense that gave them numerous goal opportunities and saw 24 shot attempts.

Junior McKinzie Olson played goalie in the first half for the alumni. With her own teammates taking shots against her, she made 10 saves in the half.

This Week in BYU Soccer:

Cougars face Long Beach State and Cal State Fullerton on the road:

Ready to start their season, the No. 14-ranked Cougars travel to California to take on Long Beach State and Cal State Fullerton, both games in California.

BYU Cougar Quick Facts

2009 Record: 18-4-2

Starters returning/lost: 8/3

Starters returning include Freshman of the Year Carlee Payne, standout goalie McKinzie Olson, senior forward Kassidy Shumway and All-Conference second team defender Lindsy Lisonbee.

Letterwinners returning/lost: 21/5

Head Coach: Jennifer Rockwood (247-75-21)

Assistant Coaches: Chris Watkins, Aleisha Rose

Director of Operations: Jennie Smith

Game 1 Quick Look:

Friday, August 20, 5:00 p.m., Long Beach, CA.

Long Beach State 49ers

2010 Record: 0-0-0

2009 Record: 5-11-3

Last Meeting: (2008) W 2-1

Head Coach: Mauricio Ingrassia

Assistant Coaches: Jeff Joyner, Laura VanWart,

Lucas Curtolo



Game 2 Quick Look:

Monday, August 23, 2 p.m., Fullerton, CA.

Cal State Fullerton Titans

2010 Record: 0-0-0

2009 Record: 6-8-5

Last Meeting: (1999) W 3-0

Head Coach: Demian Brown

Assistant Coaches: Diego Bocanegra, Lauryn Welch,

Lucas Pepi



The alumni took their chance to get on the scoreboard when a foul was called in the box against BYU, giving alumni-player Katie Larkin the opportunity to put the ball in the net and inch closer to BYU's lead.

Joining Larkin on the alumni squad were other top performers such as Carolyn Swenson, Jennie Christianson-Smith, Karen Cook, Jamie Beck, Alyssa Vander Veur, Amanda Draeger-Peterson, Whitney Feller, Ashleigh Jameson, Charlene Lui and Haylee Cuthbert.

Goals three and four also came in the first half for the Cougars when Lindsy Lisonbee headed in the ball off a corner kick from Auna Janis-Doria in the 29th minute and Carlee Payne tapped the ball in off a pass from Jennie Marshall in the 33rd minute.

Marshall dominated the offensive stretch in the second half, taking five shots and getting a goal herself in the 75th minute.



**Mountain West Conference Pre-Season
Coaches Poll
August 10, 2009**

Team	Points
BYU (6).....	48
San Diego State (1).....	37
Utah (1).....	37
TCU.....	35
New Mexico.....	24
Wyoming.....	21
UNLV.....	15
Air Force.....	7

The Cougars were picked to finish first in this year's preseason poll for the third year in a row. They won last year's regular season title and was the runner-up in the 09 conference tournament.



Meet the BYU women's soccer team...

5 players are married on this year's team

Nicole Urry-Gilliam was married on December 27, 2008, in the Jordan River temple to Brandon Gilliam. Brandon played on BYU's men's soccer team and now helps coach.

Auna Janis-Doria was married on April 24, 2010, in the Timpanogos temple to Ronald Doria.

Kassidy Christensen-Shumway was married on August 7, 2009, in the Bountiful temple to Drew Shumway. Drew plays on BYU's lacrosse team.

Kristi Dow-Jackson was married in July 2008 in the L.A. temple to Blake Jackson.

Megan Richardson-Fereday was married on January 14, 2010, in the Salt Lake temple to Matt Fereday.

15 players attended high school in Utah

Sophomore defender Stacy Bartholomew attended Timpanogos High School in Orem, UT. Freshman forward Angelica Dickson attended Timpanogos High School in Orem. Senior defender Nicole Gilliam attended Alta High School in Draper. Junior forward Auna Doria attended Mountain View High School in Orem. Junior midfielder Cami Jensen attended Logan High School in Logan. Senior defender Mercedes Koning attended Northridge High School in Farmington. Sophomore defender Lindsay Lisonbee attended Park City High School in Park City. Sophomore defender Dana Oldroyd attended Timpanogos High School in Orem. Junior goalkeeper McKinzie Olson attended Brighton High School in Cottonwood Heights. Sophomore goalkeeper Erica Owens attended Highland High School in Salt Lake City. Senior defender Megan Fereday attended Timpanogos High School in Orem. Freshman midfielder Kyleigh Royall attended Lehi High School in Lehi and Sophomore midfielder Amber Wadsworth attended Provo High School in Provo.

7 players attended high school in California

Junior midfielder Lauren Anderson attended Monte Vista High School in Danville, CA. Senior midfielder Krist Jackson attended Bonita High School in LaVerne. Junior midfielder Hallie Keenan attended Los Altos High School in Los Altos. Junior forward Jennie Marshall attended Beyer High School in Modesto. Sophomore forward Carlee Payne attended Foothill High School in Pleasanton and freshman goalkeeper Katherine Snyder attended El Toro High School in Lake Forest.

1 player attended high school in Georgia

Junior midfielder Nicole Ernst attended Northview High School in Duluth, GA. Her teammates have nicknamed her "Georgia" and call her that on, and off, the field.

1 player attended high school in Virginia

Sophomore midfielder Ashley Bazzarone attended Flint Hill High School in Vienna, VA

1 player attended high school in Texas

Freshman forward Lynda Hercules attended Plano West High School in Plano, TX

The team listed the following colors as their favorite:

*White (1)
Orange (3)
Pink (2)
Turquoise (1)
Purple (1)
Green (4)
Blue (9)*

**ROSTER and BREAKDOWN****2010 BYU NUMERICAL ROSTER**

NO.	NAME	POS.	HT.	YR.	HOMETOWN / PREVIOUS SCHOOL
0	Katherine Snyder	5-7	GK	Fr.	Lake Forest, CA - El Toro HS
1	Erica Owens	5-11	GK	So.	Salt Lake City, UT - Highland HS
2	Dana Oldroyd	5-8	D	So.	Orem, UT - Timpanogos HS
3	Lauren Anderson	5-4	MF	Jr.	Danville, CA - Monte Vista HS
4	Cami Jensen	6-0	MF/D	So.	Logan, UT - Logan HS 2009
5	Megan Richardson-Fereday	5-7	D	Sr.	Orem, UT - Timpanogos HS
6	Rachel Manning	5-9	MF	Fr.	SJ Capistrano, CA - Capistrano HS
7	Carlee Payne	5-5	F/MF	So.	Pleasanton, CA - Foothill HS
8	Mercede Koning	5-7	MF/D	Sr.	Sandy, UT - St. Mary's, CA
9	Jennie Marshall	5-6	F	Jr.	Modesto, CA - Beyer HS
10	Hallie Keenan	6-0	MF	Jr.	Los Altos, CA - Los Altos HS
11	Kyleigh Royall	5-5	MF	Fr.	Lehi, UT - Lehi HS
12	Ashley Bazzarone	5-8	MF	So.	Vienna, VA - Flint Hill School
13	Stacy Bartholomew	5-9	D	So.	Orem, UT - Timpanogos HS
14	Lynda Hercules	5-6	F	Fr.	Plano, TX - Plano West HS
15	Amber Wadsworth	5-10	F/MF	So.	Provo, UT - Provo HS
16	Auna Janis-Doria	5-4	F/MF	Jr.	Orem, UT - Mountain View HS
18	Lindsay Lisonbee	5-10	D	So.	Park City, UT - Park City HS
19	Nicole Ernst	5-6	MF	Jr.	Duluth, GA - Northview HS
20	Kristi Jackson	5-4	F/MF	Sr.	LaVerne, CA - Bonita HS
21	Kassidy Shumway	6-0	F/MF	Sr.	Bountiful, UT - Woods Cross HS
22	Jessica Ringwood	5-9	MF/F	So.	Cottonwood Heights, Utah - Brighton HS
23	Angelica Dickson	5-6	F	Fr.	Orem, UT - Timpanogos HS
25	Nicole Gilliam	5-9	D	Sr.	Draper, UT - Alta HS
32	McKinzie Olson	5-9	GK	Jr.	Cottonwood Heights, UT - Brighton HS

PRONUNCIATION GUIDE**Stacy Bartholomew**

Barth-All-O-Mew

Auna Doria

Aw-Nuh Door-eea

Nicole Gilliam

Gill-umm

Lindsay Lisonbee

Lind-SEE LIZ-en-bee

Mercede Koning

KO-neen

Ashley Bazzarone

Bazz-ARE-own-ee

Head Coach: Jennifer Rockwood, 16th year (BYU, 1989)

Assistant Coaches: Chris Watkins (14th year), Aleisha Rose (7th year)

Director of Operations: Jennie Smith (3rd year)

Athletic Trainer: Carolyn Billings (15th season)

BREAKDOWN BY CLASS**FRESHMAN**

Lynda Hercules	5-6	F
Rachel Manning	5-9	MF
Kyleigh Royall	5-5	MF
Angelica Dickson	5-6	F
Katherine Snyder	5-7	GK

SOPHOMORE

Erica Owens	5-11	GK
Jessica Ringwood	5-9	MF
Carlee Payne	5-5	F
Dana Oldroyd	5-8	D
Cami Jensen	6-0	MF
Ashley Bazzarone	5-8	MF
Stacy Bartholomew	5-9	D
Lindsay Lisonbee	5-10	D

JUNIOR

McKinzie Olson	5-9	GK
Nicole Ernst	5-6	F
Jennie Marshall	5-5	F
Rachel Nelson	5-5	D
Lauren Anderson	5-4	F
Dana Oldroyd	5-8	D
Auna Janis	5-4	MF

SENIOR

Nicole Urry-Gilliam	5-9	D
Kassidy C. Shumway	6-0	F/MF
Mercede Koning	5-7	MF
Megan Richardson	5-7	D
Simone Seymour	5-4	GK

BREAKDOWN BY POSITION**FORWARD**

Lauren Anderson	5-4
Carlee Payne	5-5
Cami Jensen	5-4
Kassidy Shumway	6-0
Angelica Dickson	5-6
Jennie Marshall	5-5
Lynda Hercules	5-6

MIDFIELD

Jessica Ringwood	5-9
Lindsay Lisonbee	5-10
Ashley Bazzarone	5-8
Carlee Payne	5-11
Nicole Ernst	5-6
Auna Janis-Doria	5-4
Amber Wadsworth	5-10
Hallie Keenan	6-0
Mercede Koning	5-7
Kyleigh Royall	5-5
Rachel Manning	5-9
Kristi Dow-Jackson	5-4

DEFENSE

Dana Oldroyd	5-8
Lindsay Lisonbee	5-10
Stacy Bartholomew	5-9
Nicole Urry-Gilliam	5-9
Megan Fereday	5-7

GOALKEEPER

McKinzie Olson	5-8
Katherine Snyder	5-7
Erica Owens	5-11



**BYU Head Coach
Jennifer Rockwood**
Career record: 247-75-21

THE ROCKWOOD FILES

- * Appointed as BYU's first full-time coach
- * Guided BYU to the WAC title and a national ranking in her second season
- * Named 1996 Soccer Buzz West Region Coach of the Year
- * Named 1996 WAC Coach of the Year
- * Named 2000 MWC Coach of the Year
- * Named 2008 MWC Coach of the Year
- * Advanced to the Sweet Sixteen in 1998, 2000 and 2003
- * Went to the Elite Eight in 2003
- * Led BYU to MWC regular season and tournament MWC Championships in 1999, 2000, 2001, 2002, 2003 and 2008
- * Led Cougars to eight NCAA tournament appearances in the last nine years
- * Finished ranked in the Top 10 in 1998, 2000 and 2003
- * Finished ranked in the top 25 ten out of the last 11 years
- * Named 2005 Soccer Buzz West Region Runner-Up Coach of the Year
- * Recorded 200th Career Victory 9/24/07 vs. Washington

Jennifer Rockwood NCAA Coaching Records:

All Divisions
No. 31 All-Time winning percentage (10 years minimum coaching)

Division 1
No. 13 Winningest active coach by percentage (5 years minimum coaching)
No. 20 Winningest active coach by victories
No. 10 Winningest coach all-time by percentage (10 years minimum coaching)
No. 24 Winningest coach all-time by victories

Under Rockwood's tutelage, a long list of All-American soccer players has emerged from BYU's program. These athletes include Katie Larkin, Aleisha Rose, Shauna Rohbock, Maren Hendershot, Sara Reading, Andrea Willis and Staci Reynolds. Rohbock, Hendershot, Reading and Reynolds each went on to play in the Women's United Soccer Association.

Prior to becoming the head coach, Rockwood led BYU's highly successful club soccer team for seven years. In that time she amassed an overall record of 128-25-9, and the final two years she took her teams to the Western National Collegiate Club soccer Association (NCCSA) title and placed second in the NCCSA National Championships.

The Lake Oswego, Ore. native was a four-sport athlete in high school playing soccer, softball, basketball and track. After one year at Ricks College (now BYU-Idaho) on a basketball scholarship, she transferred to BYU where she became a four-year starter at center midfield on the Cougars' club soccer team and graduated in finance, business management. Rockwood has also coached the Utah ODP, youth club programs and the high school level.

2009 Season Review

The BYU women's soccer team finished their 2009 season ranked No. 14 in the country with confidence and the knowledge that they could compete, and win, with other top-ranked teams in the nation. BYU's offense ranked No. 98 in the country with 38 goals in 24 games, their shutout percentage ranked No. 25 with a total of 13 shutouts and their The Cougars finished their season with an 18-4-2 overall record, going unbeaten in conference play and touting an all-time 245-73-23 record under head coach Jennifer Rockwood's 15-year tutelage.

The 2009 squad found themselves facing a talent-stricken schedule with teams around the country. The team started their season in Hawaii where they tied in double overtime. The following weekend, they knew a tie wouldn't cut it as they would be playing two top-25 ranked teams in the Penn State Invitational. The then-No.20 ranked Connecticut Huskies and the then-ranked No. 14 West Virginia Mountaineers were the first two ranked teams the Cougars would face in 2009. Both games ended in a 1-0 win for the Cougars as BYU realized it could compete with other top-20 ranked schools. After the two big wins, the Cougars found themselves constantly ranked in the top-25 in the nation.

BYU would face four ranked-schools during the season and would win each one, two of them coming on South Field in front of 3,628 fans. A total of 29,181 people saw the BYU women's soccer team play in 2009, 21,279 of those fans were from games played at South Field.

The 18 wins for BYU would tie the school's second-highest most wins. The Cougars led the Mountain West Conference all season for the total number of corner kicks they took that year. They finished the season also leading for the total number of points accumulated, the total number of goals scored and the number of shutouts recorded.

In conference play, the Cougars went for an undefeated 6-0-1 record, five of those games coming as shutout wins for BYU. The only tie came against the San Diego State Aztecs in San Diego.

The Cougars ended their regular season on a 14-game unbeaten streak.

BYU received its sixth first-place regular season finish and its eighth first-round bye for the MWC tournament. In its fourth time hosting the conference championships, the Cougars prepared to meet the fourth-seed New Mexico Lobos in the semifinals.

In a physical battle that would not soon be forgotten, the Cougars defeated the Lobos 1-0 to advance to the championship game where they would face San Diego State, the only team they did not defeat in the regular season.

A tired and recuperating BYU squad played hard against the Aztecs but eventually fell 0-1 after dominating the majority of the game.

NCAA Tournament

Without the automatic bid to the NCAA tournament, the Cougars learned what it was like to wait to hear where they would be playing for the first round. The announcement was made that BYU would play the UC Santa Barbara Gauchos, for the first time in school history, at Stanford for the first round of the 2009 NCAA women's soccer college cup.

This bid was BYU's fifth straight NCAA appearance, for a total of 11 in school history. Since becoming a MWC school in 1999, the Cougars have been invited to the NCAA tournament each year but one. In 2009, BYU and San Diego State were chosen to represent the MWC in the tournament.

The Cougars met the Gauchos in Palo Alto, Calif., where they defeated them 2-0 and out shot them 21-11. Freshman Carlee Payne scored first, recording her 13th goal of the season to lead the team. Senior Alyssa Vander Veur netted her third goal of the season, a bullet from just outside the box, for BYU's second goal in the win. The Cougars would now advance to play No. 1 seed Stanford at Stanford.